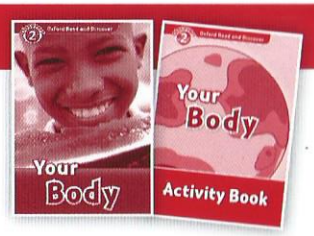
Discover! 2

Oxford Read and Discover

Your Body

Activity Book



Activities to accompany the Oxford Read and Discover non-fiction reader

Oxford Read and Discover provides interesting and educational content, with activities and project work.

The **Activity Books** provide additional, chapter-linked reading, writing, and grammar practice, as well as consolidation activities. They also use the non-fiction content in the reader to support and develop the students' critical thinking skills.

Series Editor: Hazel Geatches

- Level 1 — 300 headwords
- Level 2 — 450 headwords
- Level 3 — 600 headwords
- Level 4 — 750 headwords
- Level 5 — 900 headwords
- Level 6 — 1,050 headwords

OXFORD UNIVERSITY PRESS

www.oup.com/elt

ISBN 978-0-19-464671-0

9 780194 646710

Discover! 2

Oxford Read and Discover

Your Body

Activity Book

Oxford Read and Discover

Your Body

Activity Book

Name: _____

Age: _____

Class: _____

School: _____

OXFORD
UNIVERSITY PRESS

OXFORD
UNIVERSITY PRESS

Great Clarendon Street, Oxford, OX2 6DP, United Kingdom

Oxford University Press is a department of the University of Oxford. It furthers the University's objective of excellence in research, scholarship, and education by publishing worldwide. Oxford is a registered trade mark of Oxford University Press in the UK and in certain other countries

© Oxford University Press 2012

The moral rights of the author have been asserted

First published in 2012
2016 2015 2014 2013 2012
10 9 8 7 6 5 4 3 2 1

No unauthorized photocopying

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, without the prior permission in writing of Oxford University Press, or as expressly permitted by law, by licence or under terms agreed with the appropriate reprographics rights organization. Enquiries concerning reproduction outside the scope of the above should be sent to the ELT Rights Department, Oxford University Press, at the address above

You must not circulate this work in any other form and you must impose this same condition on any acquirer

Links to third party websites are provided by Oxford in good faith and for information only. Oxford disclaims any responsibility for the materials contained in any third party website referenced in this work

ISBN: 978 0 19 464671 0

Printed in China

This book is printed on paper from certified and well-managed sources

ACKNOWLEDGEMENTS

Your Body Activity Book by: Kamini Khanduri

Illustrations by: Kelly Kennedy and Alan Rowe

Introduction

Page 3

1 Find and write the words.

walkworkreadeatplaylisten

1 walk 3 _____ 5 _____

2 _____ 4 _____ 6 _____

2 Complete the sentences.

protect ~~amazing~~ eat body

1 Your body is amazing !

2 Your _____ helps you to work and play.

3 Your body helps you to _____ and listen.

4 It's important to _____ your body.

3 Answer the questions.

1 How does your body help you?

_____

2 How do you protect your body?

_____

1 Your Skin and Hair

Pages 4–5

1 Write the words. Then match.

1 i n k s
skin

2 r a h i
_____

3 t r i d
_____

4 s t e w a
_____

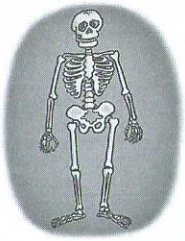
2 Circle the correct words.

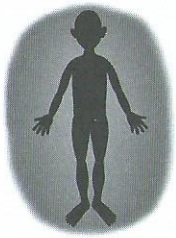
1 Your skin helps you to **wash** / **touch** things.
2 Skin stops **dirt** / **hair** getting into your body.
3 **Water** / **Hair** grows out of your skin.
4 Your skin makes sweat when you're **hot** / **cold**.

2 Your Bones

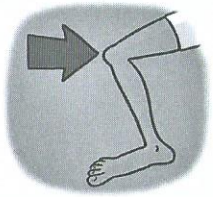
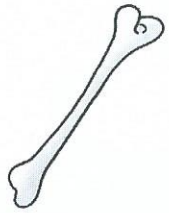
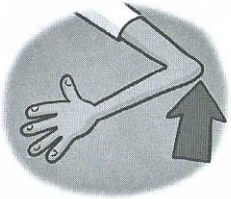
Pages 6–7

1 Write the words.





1 s k e l e t o n 2 j _ _ _ _ _ 3 b _ _ _

4 k _ _ _ 5 b _ _ _ 6 e _ _ _ _

2 Complete the sentences.

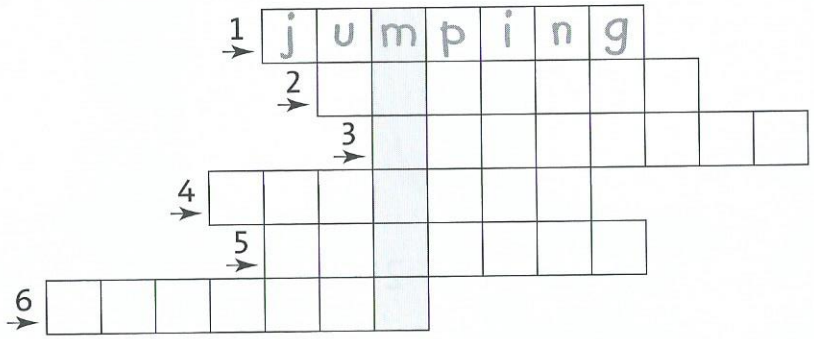
joints skeleton baby move

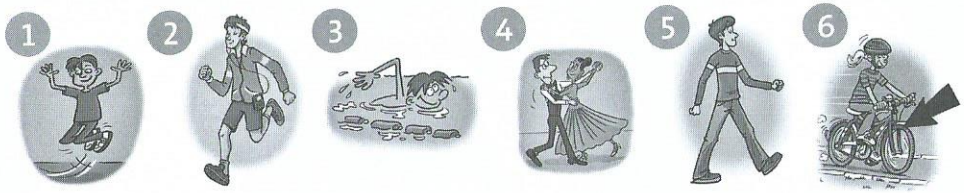
1 Your _____ helps you to stand up.
2 Bones meet at _____.
3 Joints help you to _____.
4 A _____ has small bones.

3 Your Muscles

Pages 8–9

1 Complete the puzzle. Then write the secret word.





The secret word is: _____

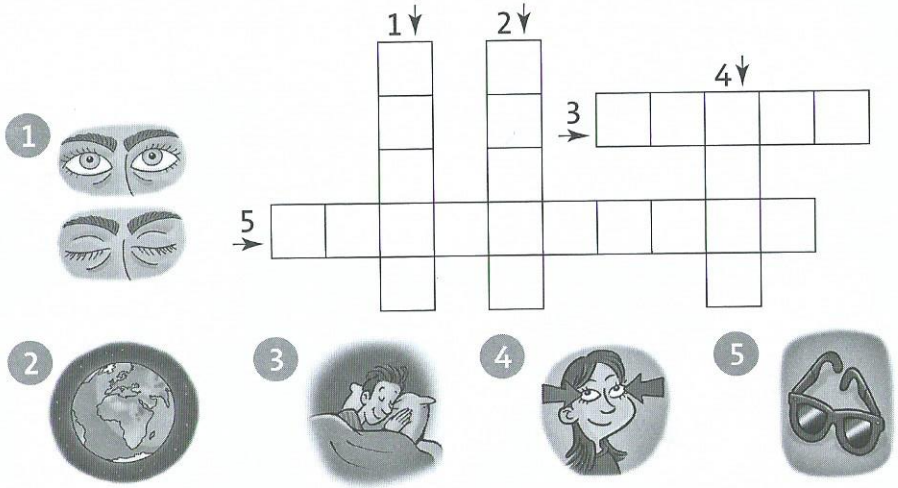
2 Match.

1 Muscles pull your bones	type of muscle.
2 There are more than	your heart strong.
3 Your heart is a	to move your body.
4 Exercise makes	600 muscles in your body.

4 Your Eyes and Ears

Pages 10–11

1 Complete the puzzle.



2 Write *true* or *false*.

1 Your ears help you to see the world. false

2 Your eyes open and close many times every day. _____

3 Eyes blink about 15 times every day. _____

4 At night your eyes close. _____

5 Your eyes help you to listen to music. _____

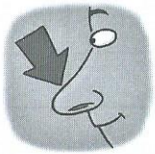
6 Your ears can hear things when you sleep. _____

5 Your Nose and Mouth

Pages 12–13

1 Write the words.

breathe teeth food bite ~~nose~~ smell



1 nose 2 _____ 3 _____

4 _____ 5 _____ 6 _____

2 Order the words.

1 through / breathe / You / nose and mouth. / your
You breathe through your nose and mouth.

2 every / breathe / minute. / You / 15 times
_____

3 to smell / Your / nose / things. / helps you
_____

4 food. / bite / teeth / Your
_____

6 Your Brain

Pages 14–15

1 Find and write the words.

1 read

v	h	a	n	d	s	t	b
m	u	s	c	l	e	s	c
g	n	c	n	e	b	e	t
e	y	e	s	r	e	a	d
n	d	s	p	e	a	k	n

2 _____

3 _____

4 _____

5 _____

2 Answer the questions.

1 What does your brain help you to do?
_____

2 When does your brain work?
_____

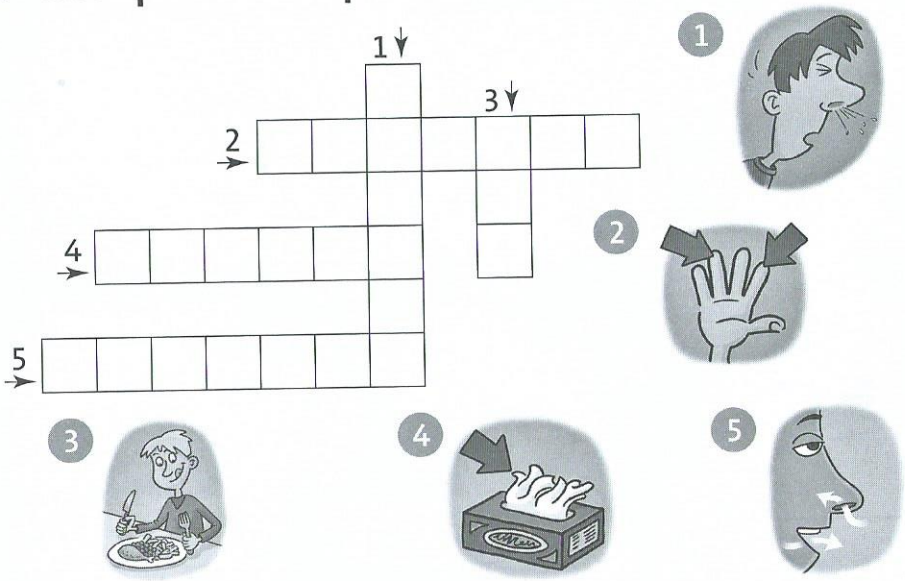
3 What does your brain do at night?
_____

4 How can you protect your brain?
_____

7 Getting Sick

Pages 16–17

1 Complete the puzzle.



2 Write *true* or *false*.

1 Germs can make you sick. _____

2 Germs can get in your body when you wash. _____

3 You can wash your hands with germs. _____

4 It's good to wash your hands when it's time to eat. _____

5 There are animals in a sneeze. _____

6 You can catch sneezes in a tissue. _____

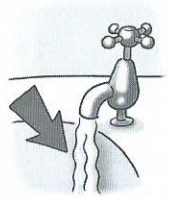
8 Protect Your Body

Pages 18–19

1 Write the words. Then match.

1 d o f o

_____



2 s c r e e x i e

_____

3 r e t a w

_____

4 p l e s e

_____

2 Circle the correct words.

1 Good food makes you **strong** / **sick**.

2 There's lots of **milk** / **water** in your body.

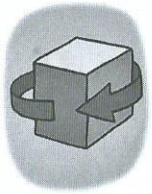
3 It's **good** / **bad** to do exercise.

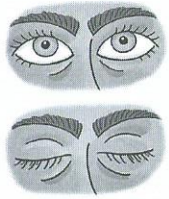
4 It's important to protect your **doctor** / **body**.

After Reading

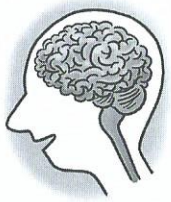
Read pages 3–19

1 Complete the Picture Dictionary.

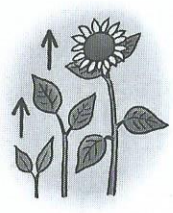




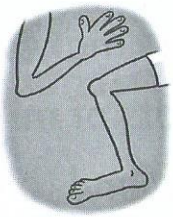
around



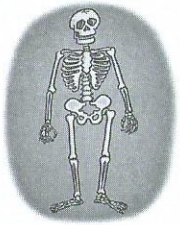
food

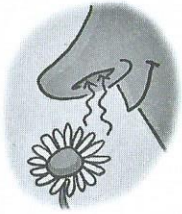


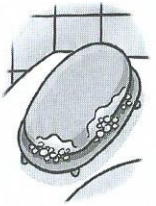
hair



muscles







sunglasses

2 Find the words and write the page.

1 Wear a helmet when you ride a bicycle. page 15

2 Eyes blink about 15 times every minute! _____

3 Do exercise every day. _____

4 Hair grows out of your skin. _____

5 There are germs in a sneeze. _____

6 A baby has small bones. _____

7 Your nose helps you to smell things. _____

8 Your heart is a type of muscle. _____

3 Write about your body.

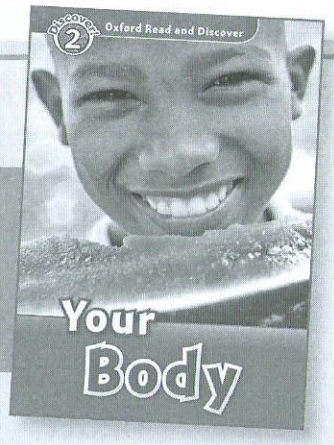
Your body helps you to eat, read, work, and _____. You have skin and _____ on your body. You have _____ under your skin. Muscles help you to _____ your body. You see with your _____ and you hear with your _____. Your brain _____ all day and night. It's important to _____ your body.

4 Complete the chart.

~~eyes~~ ~~drink water~~ ~~speak~~ eat good food
play muscles hear wear sunglasses
brain germs wash your hands
remember skin wear a helmet read
bones do exercise mouth write
heart brush your teeth see

Things You Do	speak _____ _____ _____ _____ _____
Your Body	eyes _____ _____ _____ _____ _____
Protecting Your Body	drink water _____ _____ _____ _____ _____

My Book Review



Questions about this book

1 What is this book about?

_____

2 Write six new words from this book.

_____

_____

What I like about this book

My favorite chapter is _____.

My favorite picture is _____.

My favorite new word is _____.

Draw ☺, ☺☺, or ☺☺☺

I like this book. ◯◯◯

I like the pictures. ◯◯◯